

SELF REFERRAL TO PHYSIOTHERAPY



Walk in Physiotherapy Assessment Clinics

What is a Walk In Physiotherapy Assessment Clinic?

The Walk in Assessment clinic is a face to face assessment with a Chartered physiotherapist. No prior appointment is necessary. However the service is for patients aged 16 and over.

What do I need to do?

Just turn up at the 'Walk in clinic' during the opening hours. Take a seat in the waiting area and fill in the supplied form, with your name, address and details about your condition. The physiotherapist will then call you in to the department for your assessment. Following assessment ongoing management of your condition will be agreed with you.

How long will the assessment take?

This varies but usually between 10 – 15 minutes.

What do I need to wear?

During the visit you may be required to undress to your underwear. Please bring a pair of shorts if you wish.

Where are the 'Walk In Clinics'?

Port Talbot Resource Centre (Neath Port Talbot Locality)

Where is it?

It is located in the Physiotherapy Department on the ground floor of the Port Talbot Resource Centre. The Resource Centre is situated behind Morrison's Supermarket.

What time is it open?

Monday - Friday 9.00am – 11.00am (except Bank Holiday)